

Headway East Kent

Providing five social rehabilitation centres across East Kent



East Kent
Brain Injury Support
Registered Charity
No. 1103215

Headway East Kent Christmas Newsletter 2019

Welcome & Congratulations To

Jennifer Walsh as the new Area Manager.

Makiko Downton, Headway Thanet promotion to Assistant Facilitator.

Jackie Bingham promotion to Team Leader.

Farewell to

Liz Marshall Headway Dover.

[below],

Good luck in your new endeavour



We have recently been successful in obtaining funding for a Community Support Service from the National Lottery.

It is hoped that this new service will be in place January 2020. More news to follow.

Headway would welcome suggestions on what services are needed to support clients with brain injuries and their families in the community

Headway East Kent is an "Approved KCC Provider"



Thanet had a Headway 30th anniversary party. It was a great homely atmosphere, celebrating with our clients, volunteers and guests including Margate Mayor.

We all had a wonderful time.



Headway East Kent Monthly Lottery Draw

£12 Yearly subscription
Contact Head office
01227 783002

2019 Christmas raffle tickets now available. Many prizes to be won.



Contact your local branch if you would like to purchase any.

Headway Dover

have successfully relocated upstairs at the Ark. We are now able to offer a more accessible day centre to meet the needs of clients with limited mobility.

Everyone at Headway East Kent are proud to be celebrating the

30th
Anniversary



Happy birthday Headway! We celebrated Headway East Kent's 30th birthday with an afternoon tea at The Grand in Folkestone. We were joined by some of our Ashford branch, as well as other staff members, supporters, local dignitaries and former members.



Headway Rose

The rose is available from the nursery in Pickering, Yorkshire. It is the only rose of this name and was developed and dedicated to Headway. It is a lovely soft pink colour, but unfortunately not fragrant. It is a floribunda bush rose. The details of the rose and how to order can be found on:- www.rvroger.co.uk Once the page opens just put Headway rose in their search bar and it will come up. Current cost is £13 per rose plus postage, but it is cheaper to order a few and share postage costs. It can be put in the ground or in a container. For each rose purchased, 50p to Headway East Kent and 50p to Headway UK.



Wednesday 4th December
Headway Canterbury
Mince Pie & Coffee Morning.
10.30 am – 12.30 pm
Headway East Kent
Christmas Raffle
will be drawn at this event.

Canterbury's Facilitator Amy, along with Volunteers Kevin and Charlie all took part in an Olympic triathlon on Sunday 29th September 2019!

Amy swam 1 mile, Kevin cycled 40km and Charlie ran 6.6 miles. They raised £736. Well done!



We had a great time with our outing to Buggy Bowling Alley as always and some clients had their families with them. We had our lunch after at Olympia Café which we all enjoyed.



Trinity Church Christmas Tree Festival

From the 6th-8th December. This is held at Trinity Church, Union Road, Deal. Headway Dover are one of many exhibitors invited to produce our own Christmas-themed tree highlighting our particular charity. The tree is entitled 'The Way Ahead', and will be decorated with as many types of bauble sized hats or headwear we can think of produced by Headway Dover clients, staff and volunteers.

Caroline Flint, Chair of Headway East Kent Trustees completed a two-mile Serpentine sponsored swim raising £365



Well done Caroline!

Headway Canterbury facilitators Sue and Amy continue to attend the **Harvey Neuro Rehabilitation Ward in Kent and Canterbury Hospital** providing a Headway session from 10-12 every Tuesday morning. Many of the people we meet there go on to become Headway clients once they are discharged home.

Contact us:
Headway East Kent
Headway House
Kent & Canterbury Hospital
Ethelbert Road
Canterbury
CT1 3NG
01227 783002
www.headwayeastkent.org.uk



Headway Canterbury
celebrated with a 30th BBQ



On Friday 12th July from 3pm-5pm we teamed up with Age UK, Mencap Folkestone & Hythe District and Kent Coast Volunteers Centre to hold our first ever joint BBQ. As you can see the afternoon was enjoyed by all who attended.



We had a visit from Headway East London. It was very interesting to get know about another Headway. They invited us for their workshop at Turner contemporary. We joined them a few weeks later.



We are currently looking for
VOLUNTEER
MINIBUS DRIVERS
please contact us for
further details
On 01227 783002

Ashford clients making Christmas wreaths to sell at the Christmas Fayre



Here is one of the many wreaths that will be available to buy at the fayre



Headway Mini Bus
available for hire
Contact Barry
01843 593084

Another first for us was a joint community Fayre with the Marigold Centre. It was held on Saturday 17th August and exceeded all expectations with lots to do, from Hook a Duck to a grand tombola. We were also joined by special guests 'Puppeteers in Motion' and Folkestone Town Mayor Jackie Meade.[below].



Headway Canterbury and Thanet joined together this year for our annual sponsored stroll. This year we walked along Tankerton high street and back along the sea front where we had a lovely lunch at The Royal.



Headway Dover celebrating 30 years

Work has started at last at our Thanet branch for the hard stand for our 24ft Mini Bus. Although it was raining work still continued thanks to Jamie and Adam who were delighted to have an audience of 10 overseeing their work. Headway Staff and Volunteers turned out awaiting the arrival of the first load of concrete. All the concrete for this project has been kindly donated by Lee Netting Director and General Manager of Brett Concrete Limited to which we are very grateful as we know that this is a very generous donation.

We also have to say a very big Thank you to John Elvidge planning consultant based in Ramsgate who gave his services free to Headway East Kent for the whole of this project.

In addition, a big thank you to the landlord of the Ramsgate Day Centre Andrew Hunt who also joined us on the day and as part of the celebration provided bacon sandwiches all round. Well Done Andy.
Linda Kerley CEO



Dates for your diaries

Saturday 23rd November 11-2pm Headway House Ashford Christmas Fair supported by Headway Dover
Saturday 23rd November 11-3pm Christmas fayre at St Mark's Church Pyson's Road Ramsgate
Sunday 1st December 11-4.30pm Headway Canterbury have a stall at this year's Tankerton Christmas Market Whitstable Castle & Gardens, Tower Hill, Whitstable CT5 2BW
Wednesday 4th December Mince pie and coffee morning Headway Canterbury including raffle draw 10.30 – 12.30
Saturday 7th December 10am – 12 Headway Folkestone Christmas Fair at the day centre
Tuesday 17th December Mince Pie Morning 10:30 – Midday, Folkestone Day Centre
Friday 14th February Valentines Coffee Morning 10:30am – Midday, Folkestone day centre
Date TBC (March) – Spring Ladies Night
Saturday 23rd May 2020 – Folkestone Gala Dinner, The Channel Suite, The Leas, Folkestone. Tickets £50pp
Saturday 25th April AGM Headway House Folkestone 10am
For more information about these events and others, please contact your local branch.

Supporting Families & Carers

Carolyn Wibrew is the Client Assessment & Carers' Support Officer. For further information regarding the referral process, Carers' support meetings and lunches contact Carolyn: 01227 864102 [24-hour answer machine available] mobile 07835188078 [Monday – Friday 9-4pm] or email cwibrew@headwayeastkent.org.uk

Carers' Support Meetings

Headway Folkestone: Mondays 10am -12o/c: 6th January 3rd March

If you are a Carer and are unable to attend these meetings but would like 1-1 support, please contact Carolyn.

Carers lunches

Meet other Carers over a relaxed lunch. There will be twelve lunches arranged over the year across East Kent. Two of these are Carers Plus one lunches. These are proving to be very popular. To reserve your place on any lunch contact Carolyn

Carers' Christmas Lunch 12.30 Friday 6th December The French Connection Ashford TN24 0GN	Carers' Lunch 12.30 Wednesday 15th January 2020 Brickfields Folkestone CT19 4AP	Carers Plus One lunch 1pm Monday 10th February The Gate Canterbury CT1 3EL	Carers' Lunch 12.30 Tuesday 17th March The Canterbury Bell Westwood Cross Thanet CT10 2QD	Carers' Lunch 12.30 Thursday 16th April The Duke of York Dover CT15 5FD
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GDPR General Data Protection Register. May 25th 2018.

Headway East Kent complies with the new regulations regarding storing the information that we hold. We therefore have to obtain written consent from ALL clients and Carers on our DATA base. To enable us to continue to support you, if you have not already completed the form please contact Carolyn ASAP.

We currently have vacancies for potential Trustees/Directors to join our Management Committee.